

November/December 2020 Snack Menu

Preschool Program:

Morning Snack:

Oatmeal with Fruit

(Bananas, Applesauce, Raisins, Carrots)

Morning Snack:

Oatmeal with Bananas or Applesauce

Afternoon Snack:

Rice or Millet with Butter

Cooked Vegetables (corn, peas, carrots, sweet potatoes)

Natural Cheddar Cheese

**All snacks served with water and milk. Rice or Soy milk are available as milk alternatives upon request.

**All snacks are served Monday through Friday. Menu will rotate and change monthly.