STANDARD COSTS FOR SCHOLARSHIP REQUESTS

Here is a list of common requests for budget items. Please refer to these costs as you are working on your budget and use the THRIVE budget template. If there are items not listed that pertain to your proposal, please add them to your budget.

- Summer Housing
 - o \$2500-\$3000 (2-3 months)
- > Lodging
 - o \$125 per night
- ➢ Flight (roundtrip)
 - o Northeast Region: \$200
 - o South Region: \$300
 - o Midwest Region: \$400
 - o West Region: \$600
 - o International: \$800
- ➤ Transportation
 - o Uber: \$50 total cost
 - o Taxi: \$50 total cost
 - o Public transportation: \$25 total cost
 - o Car rental: \$80 per day
- > Per Diem for Meals
 - o \$69 per day in the US
 - o \$74 per day outside the US
- > Unpaid internship/volunteer position
 - To use the full amount, students should be working or volunteering full time (40 hrs) for six weeks or half time (20 hrs) for twelve weeks.
 - The hourly rate will be determined by the highest minimum wage of the state where the student has the experience. The minimum wage in Maine is \$12.75.
- ➢ Graduate School
 - o Application fees: \$40-\$120
 - o MCAT prep course: \$2500
 - o LSAT prep course: \$1800
 - o GRE prep course: \$1400
- Professional Clothing
 - o \$300